## ESC Cardiovascular Round Table





## Assoc. Prof. Elena ARBELO, Spain

Associate Professor Elena Arbelo is a cardiologist and heart rhythm specialist at Hospital Clínic of Barcelona. She is also the coordinator of the Familial Cardiomyopathies and Sudden Cardiac Death Unit and the Coordinator of Quality at the Cardiovascular Institute. Since 2010 she is Associate professor of Universitat de Barcelona and recognised researcher of Institut d'Investigacions Biomèdiques August Pi i Sunyer (IDIBAPS).

Prof. Arbelo is currently member of the Board of the European Heart Rhythm Association (EHRA) and, until 2023 of the Board of the Cardiac Rhythm Association of the Spanish Society of Cardiology (SEC). She has been a very active member of the European Society of Cardiology (ESC), the EHRA and the Heart Rhythm Society (HRS, United States) having served in several committees since 2010 till present. Since 2020, she is the Chair of the Advocacy and Quality Improvement Committee at EHRA, a member of the ESC Regulatory Affairs and Advocacy Committees and the Coordinator of Inherited Arrhythmia/Sudden Cardiac Death Syndromes Thematic Area at the European Reference Network for rare, low prevalence and complex diseases of the heart (ERN GUARD-Heart). At present, she is advising European and Spanish health authorities (EU Health and Catalonian's Departament de Salut) in relation to cardiovascular health, improving outcomes in sudden cardiac death and regulatory aspects of medical devices and drugs.

Prof. Arbelo is passionate about improving people's health and welfare and providing better value for patients by implementing patient centred-based care (VHB). She holds an MSc on Health Economics, Outcomes and Management in Cardiovascular Science from the London School of Economics (2015-2017) and from 2017 until present, she has been actively collaborating with the International Consortium for Health Outcomes Measurement (ICHOM) first in the development of the Atrial Fibrillation Standard Set and, since 2022 within the Cardiometabolic Diseases Working Group. She was part of the ESC Clinical Practice Guidelines Committee (2020-2024), a member of the writing committee of the 2019 Supraventricular Arrhythmias and 2020 Atrial Fibrillation Guidelines and the Chair of the 2023 ESC guidelines on Cardiomyopathies. She has also been part of the ESC Quality Indicators Group and of the Executive Committee for several large-scale European Registries to gather data on guideline implementation (EORP). Locally, she is leading the RightCare Taskforce at Hospital Clínic (one of the hospital's strategic lines) and collaborating in the implementation of value-based care across the hospital.